



# HOME HEALTH AIDE TRAINING FOR ADULTS

*Gain the skills needed to obtain employment as a Home Health Aide*

**TST BOCES**  
TOMPKINS • SENECA • TIOGA

## ADMISSION REQUIREMENTS

- 18 years of age or older
- TABE score of 9.0 (Test will be administered by TST BOCES)
- Up-to-date physical with immunizations

## DATES AND TIMES:

## LOCATION:

## INSTRUCTOR:

## COST:

*Scholarships opportunities available through Tompkins Workforce NY*

## REGISTRATION:

607-257-1561 | [www.tstboces.org](http://www.tstboces.org) | [smurphy@tstboces.org](mailto:smurphy@tstboces.org)

## HOME HEALTH AIDE TRAINING PROGRAM

The Home Health Aide (HHA) Training Program prepares trainees for a rewarding career working with patients in private homes, long-term care facilities or with a home health service agency.

The Home Health Aide Training Program is an approved program designed to prepare the trainee to provide assistance and carry out health care tasks for patients in their homes or a long-term care facility. The 100 hour course includes 70 hours of theory and lab instruction with 30 hours of clinical instruction. Topics covered include patient and resident rights, medical terminology, basic anatomy and physiology. Skills taught range from bathing and bed-making to taking temperature, pulse and respirations. Preventative care and safety in the home is emphasized; job readiness skills are addressed. Upon successful completion of the training program, the trainee will be prepared with the professional-level knowledge needed to succeed as a Home Health Aide.